

City of Wilmington, Mayor Mike Purzycki | Dept. of Parks and Recreation, Director Ian R. Smith

# City of Wilmington Youth 7 on 7 Flag Football Developmental League

League Start Date:  
**September 25, 2023**

Location:  
**Eden Park | 6:00 pm**

**Coaches Meeting!**  
**Sept. 18th**  
**6:30PM**  
**Turner Building**



***Please Join the Department of Parks and Recreation for our 7 on 7 Youth Developmental League.***

## League Style:

- 7 vs. 7 Youth (Five Yard IMMEDIATE Rush).
- Age groups: 7 & U, 9 & U, 11 & U, 14 & U
- 5 boys, 2 girls.
- NOTE: When the play is inside the 5 Yard Line, the Rusher will start from the Goal Line.

## Coaches Meeting:

- Sept. 18th | 6:30PM | Turner Building

## League Rules:

1. Quarterbacks are ALLOWED to Run after 7 count ANYTIME.
2. Five yard immediate Rush 1 Yard Off Line of Scrimmage (except when inside the 5 Yard Line, Rush will start from the Goal Line).
3. No Kicking Field Goals or Kicking for Extra Points.
4. Kick-offs ONLY at the beginning of each half.
5. Kick Offs & Punts are LIVE and CAN be returned.
6. We reserve the right to modify rules to fit our needs.

## Contact Information:

**Gerald Wilmore: (302) 985-1395**

**Dr. Naim Collins: (302) 932-5708**