

City of Wilmington | Mayor Mike Purzycki
Department of Parks and Recreation | Director Ian R. Smith

FITLOT Outdoor Fitness Equipment

AARP sponsored Outdoor Fitness Park



*Starting March 1, 2023
through June 30, 2023*

Every Tuesday & Thursday | Noon - 1:00pm

Every Saturday | 7:30am - 8:30am

Classes are FREE!

Must register @ www.fitlot.org/wilmington



Herman Holloway Park
501 N. Lombard Street, Wilmington



For more information, contact (302) 576-3830